



CONTRIBUTED PHOTOS

The Rotary Club of Dalton's 2009-2010 officers and directors, from left, are Trammell Scott, director; Dixie Kinard, director; John Neal, immediate past president; Frank Hogshhead, secretary-treasurer; Tangelia Johnson, director; Nancy Kennedy, president; Bill Blackman, director; John Richmond, president-elect; and Jean Lowrey; director. Absent from the photo is Robert Smalley, director.

New Rotary year revolves around officers, directors

SUBMITTED BY THE ROTARY CLUB OF DALTON

Nancy Kennedy took the reins recently as president of The Rotary Club of Dalton, succeeding John Neal. Kennedy has served on the local club's board this past year as president-elect.

Joining her new board are: Dr. John Richmond, president-elect for the 2010-2011 year; Frank Hogshhead, secretary-treasurer; Robert Smalley, director of club administration; Trammell Scott, director of membership; Jean Lowrey, director of public relations; Dixie Kinard, director of community service; Tangelia Johnson, director of youth services; Dr. Bill Blackman, director of the local Rotary Foundation Committee; and John Neal, immediate past-president.

Under Neal's guidance, the club sponsored a food drive, started the process of bringing the First Foundation Literacy Project to Dalton-Whitfield, gave funds to Rotarian International calls for help in areas hit by natural disasters, recognized three local citizens for their community contributions, gave 20 scholarships and awards, launched a club Web site, sponsored a banquet for Eagle and Gold Scouts, sponsored an Interact Club, and won multiple District 6910 Awards, including the "Silver Club" designation at this year's District

Conference.

Rotary is an international organization which focuses on "Service about Self." The work of Rotary can be found around the world in sites of natural disasters and countries of extreme poverty. At the same time, Rotary focuses on the communities in which its members live and work to meet local needs.

Rotary International is divided around the world into districts with both The Rotary Club of Dalton, which meets at the Dalton Golf and Country Club at noon each Tuesday, and the Carpet Capital Rotary Club, which meets at The Little Dipper at 7 a.m. on Monday, part of District 6910, which covers much of north and east Georgia.

The two local clubs jointly hosted a Group Study Exchange delegation from South Korea this past spring as the team traveled throughout the local Rotary District to learn about life in America and specifically in Georgia.

The state of Georgia is unique in that it also sponsors the Georgia Rotary Scholarship Program through which students from around the world can study at Georgia colleges and universities while sponsored by one or more Georgia Rotary Clubs.

The 2009-2010 Rotary International theme, "The Future of Rotary Is in Your Hands," emphasizes the role



individual clubs will play in the future of the organization. New RI President John Kenny of Scotland has urged districts and clubs to align their goals with the strategic plan and to develop service projects with in three areas of emphasis: water, health and hunger, and literacy.

Over the last several decades, Rotary has led an international effort to eradicate polio in the world. Recent reports indicate that the disease has been wiped out of all but four nations with all of these countries seeing a decline in the number of cases, due in large part to Rotary's Polio Plus campaign to provide immunizations to people around the world. The Bill and Melinda Gates Foundation added extra power to the campaign with large financial contributions to help purchase vaccines and deliver the medicine where it is needed.

Since its inception in Chicago in the early 20th cen-

Incoming President Nancy Kennedy, left, thanks Outgoing President John Neal for his leadership during The Rotary Club of Dalton's 2008-2009 year.

tury by Paul Harris, Rotary Clubs have sought to improve community and world relations by a variety of programs including the international Group Study Exchange, which sends teams of young professionals to other countries for approximately one month to learn about the people and culture of their destination. In turn, people from the visited nation returns a team of their young professionals to the home of their international visitors.

Rotarians are expected to follow the four tenets of "The Four-Way Test":

- Is it the truth?
- Is it fair to all concerned?
- Will it build good will and better friendships?
- Will it be beneficial to all concerned?

For more information about The Rotary Club of Dalton or how to join, interested persons are encouraged to visit www.rotarydistrict6910.org/dalton.

GROWINGS ON

Tend to summer landscape chores

The summer heat makes it hard to work outside for long. But some things in your landscape need to be addressed.

Probably the most critical detail now is the effect of this summer's drought. Many plants are suffering from the extended hot, dry conditions we've had.

Allowing plants to get to the wilting point before watering may cause irreversible damage to some varieties, especially shallow-rooted annuals and perennials.

If water restrictions allow, give these plants a drink at night or early morning to avoid the hottest part of the day and the greatest amount of evaporation.

Don't forget to water your most prized trees as well. It's easy to replace a \$3 annual flower, but nearly impossible to restore a 50-year-old oak.

While walking around your landscape, continue to deadhead flowers of annuals and perennials. This will keep them from going to seed in some cases and help them trigger more blooms for the rest of the summer.

Check your roses carefully for signs of spider mite damage. Mites love the hot, dry weather we've been having and will take every opportunity to invade your roses. Keep spraying throughout the growing season with a combination fungicide, insecticide and miticide.

When you need to apply chemicals, do it either very early or very late in the day to avoid burn on the foliage from hot temperatures.

If weeds have been a problem in the flower beds, hand removal may be the best bet. It's hard to kill mature weeds with chemicals. Spot treatments with a nonselective herbicide such as Roundup or Finale may be possible if you're careful not to contact desirable plants.

Adding a new layer of mulch can go a long way, too, toward controlling unwanted weeds.

Take a close look at



Louis Dykes

vigorously growing shrubs such as privet, hollies and Ligustrum. They may need a trim to keep them inbounds and away from your windows. Light pruning of the fast-growing shoots won't harm the plant. And it will help give it a more compact shape.

Save heavy pruning, though, for late winter.

Remember to lightly fertilize annual flowers and roses each month. Water the fertilizer in thoroughly after applying to get the benefits into the plants' root zone. If you use liquid fertilizer, read the directions carefully. And don't apply it during the heat of the day.

Begin now to plan your fall landscape changes. Many catalogs require you to order now for a fall shipment. Look at the success of your existing landscape and ask yourself if you're happy with the arrangement, spacing and color.

Draw out what changes you'll make and begin to check on the availability of plants for this fall. Fall is the ideal time to plant most of our landscape plants.

When you've finished scouting and maintaining your landscape, kick off your shoes in the comfort of your air-conditioning.

You'll feel better knowing your landscape is healthy and ready to take on another dog day in Georgia.

If your lawn has suffered from the summer heat and drought, now is the time to start planning your fall replanting. Pulling a Soil Sample from your lawn now, will give you time to make the correct lime and fertilizer applications you will need before replanting in September.

Louis Dykes is County Extension Coordinator for Murray County. If you have any questions about growing plants in your garden or if you are having trouble with pests, call the Georgia Cooperative Extension Office, Murray County at (706) 695-3031 or e-mail ldykes@uga.edu.

Dotson earns wellness practitioner status

Dr. Jason Dotson of Dalton earned the prestigious status of Certified Chiropractic Wellness Practitioner (CCWP), one of the first doctors of chiropractic to successfully complete this comprehensive postgraduate educational program.

Dotson was awarded CCWP status by the International Chiropractors Association's Council on Wellness Science on May 22, having successfully passed a comprehensive final examination following completion of the program's course work and other requirements.

The wellness certification program offers an extensive post-graduate curriculum of pertinent wellness research, patient

care approaches and methods to maximize the clinical effectiveness of chiropractic care in a new wellness paradigm. The program includes evidence-based information in nutrition and natural health, wellness-directed physical fitness and spinal hygiene and state of mid and emotional health, as well as effective insights for generating and supporting patient lifestyle changes. Doctors also learn advanced approaches to patient wellness assessment, clinical case management strategies for optimal wellness and recent research findings on clinically relevant lifestyle choices.

The Certified Chiropractic Wellness

Practitioner credential recognized. Dr. Dotson's accomplishments in successfully completing the demanding course work and examination process for this special credential designation," notes Dr. James Chestnut, who developed the curriculum. "The integral connection between wellness science and the natural and powerful contribution chiropractic care can make to the life and health of every patient are powerful mechanisms for the enhancement of the quality of life for all individuals."

Dotson is a 2002 graduate of Life University Life Chiropractic College in Marietta. An active member of the ICA Council on Wellness Science,

Dotson currently practices at 413 E. Walnut Ave., Suite 100 in Dalton.

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